



**Mind, Body & Spirit Week**  
**May 1 – October 31, 2005**

**Green Season Special - \$150.00 Discount on the 7 Night MBS Package**

At Pura Vida we believe that the good life is reflected in a healthy mind, body and spirit. We invite you to experience this power of transformation when you balance the inward journey with the outward adventure.

Your special 7 night MBS package includes:

- 7 night accommodations
- 3 delicious meals, including a variety of vegetarian fare as well as chicken or fish
- Daily Yoga Sessions during your stay
- Movement classes and guided meditations (based on staff availability)
- A one hour complimentary massage for the week (\$70 Value)
- Round-trip airport transfer to and from San Jose International Airport
- 2 half day Eco-adventure tours in the rain forest (pre-scheduled)
- 1 full day Eco-adventure tour (pre-scheduled)
- 1 Guided hike in the surrounding hills
- Use of our Open–Air Hot salt water Watsu tub

Package prices begin at \$1145.00 but with this special you will receive all this for the low starting price of \$995.00! These packages are subject to availability since spaces do fill up quickly.

For information and reservations call **888-767-7375** or visit our website at **www.puravidaspa.com**.

Mention the special above and receive your discount **TODAY!**